

Gary A. Williams, Ed.S., LPC, CRC, NCC

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PROFILE

Self-motivated and intelligent helping professional with unique blend of experience in direct services, leadership, and administration. Strong collaborator, with a pragmatic and results-oriented approach to problem solving. Easy-going, friendly, and computer literate.

COUNSELING EXPERIENCE

Private Practice (2000 – Present):

- ✍ Provide a wide range of consultation/counseling services for individuals, couples, families, groups, and organizations.
- ✍ Presenting issues include, but are not limited to: career, leadership, team-building, communications, depression, anxiety and grief.
- ✍ Implement various techniques, including *EMDR* and the *MBTI*, to help clients resolve issues

Counselor, Children's Harbor at Children's Hospital Part-Time (May, 2002 – January, 2004)

- ✍ Provide a wide range of mental health services for children with chronic illness and facing end-of-life issues and their families.

Contractor, Birmingham Family Court System (2000 – 2003):

- ✍ Counselor and teacher of *Adlerian* parenting philosophy and skills to decrease family conflict and behavioral difficulties in children.
- ✍ Consultant and Group leader for adolescents.

Counselor/Evaluator/Program Coordinator, Workshops Inc. (1995 – 2002):

- ✍ Assist Executive Director with staff direction and in-house consultation for a variety of services, including career profiling, grant development, community outreach, new venture design.
- ✍ Conduct individual, family and group counseling sessions with consumers.
- ✍ Evaluate consumers with significant cognitive and physical disabilities to assess trainability, employability, and to determine appropriate program plans.

*****Selected as "2001 Outstanding Practitioner" by Chi Sigma Iota International—Professional and Academic Counseling Honor Society.**

*****Selected as "2000 Outstanding Ed.S. Student" by the Counselor Education faculty at UAB.**

OTHER EXPERIENCE

Fundraiser, Alabama Governor Campaign (1993 – 1994):

- ✍ One of three professional fundraisers working statewide with community leaders to raise the necessary campaign funds in a gubernatorial race.

Music Instructor, Bandstand Music (1986 – 1989):

- ✍ Provider of music instruction, and sales/support specialist for keyboard and computer applications.

Manager, Genie Carpet Service (1983 – 1986):

- ✍ Supervised an average of 14 janitorial services staff for commercial and office building contracts.

Performer, (1979 - 1991):

- ✍ Founder and keyboard/vocalist of several local bands, playing at venues throughout the Southeast.

ASSOCIATIONAL LEADERSHIP EXPERIENCE

Currently President-Elect, Alabama Association of Psychological Type

Currently Co-Chair, State Awards, Alabama Counseling Association

2004-2006 Membership Co-Chair, Chi Sigma Iota International

- ✍ Created and implemented the first national survey of membership
- ✍ Made many implemented recommendations to increase and retain membership
- ✍ Wrote several articles for the National CSI Quarterly, *Exemplar*

2003-2004 *President*, AL Mental Health Counselors Association (Board member since 1999)

- ✍ Facilitated Governor Riley's declaration of "The Year of Mental Health Awareness"
- ✍ As 2001-2002 Newsletter Editor, earned "*Best Publication*" Award
- ✍ Initiated *Student Liaison* system to help build bridges between professionals and new counselors in the state.

2001-2002 *President*, Chi Sigma Iota—ZETA Chapter (Board member since 1998)

- ✍ Built Board to include a healthy mix of students and professionals.
- ✍ Developed and implemented first interactive web page for the chapter.
- ✍ Edited first edition of an academic monograph highlighting excellence in professional writing by University of Alabama Counseling students.

Other Professional Memberships include:

- ✍ American Counseling Association
- ✍ Alabama Counseling Association (2005-2007 State Awards Co-Chair)
- ✍ American Mental Health Counseling Association
- ✍ Alabama Association of Psychological Type
- ✍ Alabama Association of Counselor Educators and Supervisors

EDUCATION, TRAINING, AND CREDENTIALS

Ed.S., Agency Counseling, 2001

University of Alabama at Birmingham

M.A., Rehabilitation Counseling, 1997

University of Alabama at Birmingham

B.S, Psychology, 1993

University of Alabama at Birmingham

Licensed Professional Counselor #1901

Alabama Board of Examiners in Counseling

National Certified Counselor #67227

National Board for Certified Counselors

Certified Rehabilitation Counselor #40345

Commission for Rehabilitation Counselor Certification

Critical Incident Stress Management:

BASIC and ADVANCED

International Critical Incident Stress Foundation

Eye Movement Desensitization and Reprocessing:

LEVEL ONE and LEVEL TWO

EMDR Institute

PRESENTATIONS

“Stress Management Strategies”

For various organizations and on numerous occasions (with co-presenter Anita Neuer, LPC), 2003 – present.

“Embracing Change”

For teams and managers, presented to a number of organizations (with co-presenter Anita Neuer, LPC), 2003 – present.

“Team-Building with The Myers-Briggs Type Indicator”

For various organizations and on numerous occasions (alone and with co-presenter Anita Neuer, LPC), 2000 – present.

“When Couples Fight, I Feel Incompetent: I Wish I Statements Worked for Me!”

Chi Sigma Iota – Zeta Chapter Winter Workshop 2006.

“All You Need is Love: What is ‘Love’, Anyway?”

Birmingham Professional Women’s Group, Valentines Day 2006.

“Psychotropics: A Primer – Drugs Used to Treat Mental Disorders”

ALCA Chapter IV Building Bridges Conference 2005; repeated ALCA Annual Conference November 2005.

“Beyond Theory: Finding Your Counselor ‘Self’”

ALCA Chapter 1 Spring Workshop, with co-presenter Anita Neuer, LPC April 2004. Repeated for 3 different groups of masters-level counseling interns during 2004.

“Post-Traumatic Stress Disorder”

ALCA Chapter IV Building Bridges Conference 2004 (presented at 2 breakout sessions with co-presenter Anita Neuer, LPC), February 2004; repeated for Alabama Rehabilitation Association conference, August 2004; repeated for ALCA Annual Conference November 2004.

“A Metaphor Retreat” (Co-Presenter, Judith Harrington, Ph.D.)

Privately marketed event 2003

“Conquer Your Stress – Beat Your Anger”

Childcare Resources Alabama State Convention 2003

“More on Metaphors” (Co-Presenter, Judith Harrington, Ph.D.)

ALCA Annual Conference 2003

“Two Therapists, One Couple, Same Session: Why and How” (co-presenter with Anita Neuer, LPC)

Alabama Counseling Association 2003 Conference Break-Out session.

“EMDR: What’s it all About?” (co-presenter with Anita Neuer, LPC)

Alabama Counseling Association 2001 Fall Conference Break-Out session; repeated for CSI/Zeta Chapter Brown Bag Lunch December 2001; repeated for Children’s Harbor Staff In-Service July 2002; repeated for American Mental Health Counselor Association Annual Conference July 2002.